

Initial Setup

<https://www.youtube.com/watch?v=HG-l56ysE4M>

Safety

<https://www.youtube.com/watch?v=FenSw41WbvQ>

Assembly

https://www.youtube.com/watch?v=tdu1FW_QuY0

Setup at the beach

https://www.youtube.com/watch?v=Cbyx_3CfZM

Your first ride

https://www.youtube.com/watch?v=PlxX_3gsQQ0

Shutdown & Maintenance

https://www.youtube.com/watch?v=Ty0uU_Fq6ug

How to foil

<https://www.youtube.com/watch?v=WaLrpuUawfA>